



Event programme, 2009-2010

Sunday July 5

Mid-winter multisport triathlon, Rabbit Island

Sunday August 23

Spring duathlon series, race one (road bike, Rabbit Island)

Sunday September 20

Spring duathlon series, race two (details tbc)

Sunday October 25

Spring duathlon series, race three (details tbc)

Thursday November 19

Port Nelson Summer Sea Swims Series begins

Sunday November 29

Summer Sprint Triathlon Series race one, Rabbit Island, 9am

Sunday December 13

Summer Sprint Triathlon Series race two, Cable Bay, 8am

Sunday December 20

Clements Endurance Swim Series, race one

2010

Friday January 1

Clements Endurance Swim Series, race two,

Eyebright Mile, 11am

Sunday January 10

Philip Wareing Multisport Triathlon,

Lake Rotoiti

Sunday January 17

Summer Sprint Triathlon Series race three,

Rabbit Island, 10am

Sunday January 31

Clements Endurance Swim Series race three,

Haulashore Circuit, 11am

Sunday February 14

Clements Endurance Swim Series race four,

Ironman Endurance swim, 10.30am

Sunday February 28

Summer Sprint Triathlon Series race four, Rabbit Island, 10am

Thursday March 4

Final swim, Port Nelson Summer Sea Swim Series, 6.15pm

Sunday March 28

Clements Endurance Swim Series race five.

The Final Splash, 8.45am

Sunday April 25

Shoe Clinic Mountainbike Duathlon Series

race one, Rabbit Island

Sunday May 9

Shoe Clinic Mountainbike Duathlon Series

race two, Rabbit Island

Sunday May 23

Shoe Clinic Mountainbike Duathlon Series

race three, Rabbit Island