

Sports Therapy Nelson Duathlon
Rabbit Island
30th July 2006

Run Duathlon : U14 Men

ID	Name	Run 4km		Mtb 11km		Run 2km		Overall		Category Place
		Place	Time	Place	Time	Place	Time	Place	Time	
65	Mike Kyle	22	19:48	4	26:48	26	09:59	12	56:35	1

Run Duathlon : U14 Women

ID	Name	Run 4km		Mtb 11km		Run 2km		Overall		Category Place
		Place	Time	Place	Time	Place	Time	Place	Time	
28	Ella James	1	12:27	59	1:02:32	59	17:42	60	1:32:41	1

Run Duathlon : U16 Men

ID	Name	Run 4km		Mtb 11km		Run 2km		Overall		Category Place
		Place	Time	Place	Time	Place	Time	Place	Time	
40	Michael Padial	18	19:11	27=	30:34	55	13:10	34	1:02:55	1

Run Duathlon : U18 Men

ID	Name	Run 4km		Mtb 11km		Run 2km		Overall		Category Place
		Place	Time	Place	Time	Place	Time	Place	Time	
24	John Hofman	40	21:40	46	33:39	33	10:31	38	1:05:50	1

Run Duathlon : 18-29 Men

ID	Name	Run 4km		Mtb 11km		Run 2km		Overall		Category Place
		Place	Time	Place	Time	Place	Time	Place	Time	
56	Adam Gausel	2	15:29	5	27:22	2	07:42	2	50:33	1
45	Phil Robinson	13	18:27	40	32:05	9	09:07	23	59:39	2

Run Duathlon : 18-29 Women

ID	Name	Run 4km		Mtb 11km		Run 2km		Overall		Category Place
		Place	Time	Place	Time	Place	Time	Place	Time	
38	Andrea O'Fee	38	21:17	32	30:50	35=	10:40	32=	1:02:47	1
20	Karen Goodger	33	20:47	58	40:39	18	09:36	50	1:11:02	2
48	Claire Thurlow	59	27:42	24=	30:12	57	14:03	54	1:11:57	3

Run Duathlon : 30-39 Men

ID	Name	Run 4km		Mtb 11km		Run 2km		Overall		Category Place
		Place	Time	Place	Time	Place	Time	Place	Time	
33	Jonathan Linyard	3	15:55	2	25:38	3=	08:15	1	49:48	1
37	Malcolm McNeill	4	16:45	3	26:14	3=	08:15	4	51:14	2
55	Campbell Aston	8	18:18	12	27:50	6	08:45	6	54:53	3
53	Keith Anderson	24	20:02	6=	27:24	23	09:49	16	57:15	4
52	Grant Reburn	32	20:33	18=	29:24	27	10:10	24	1:00:07	5
26	Duncan Hughes	31	20:30		NoTime		NoTime	28	1:01:41	6
1	Andrew Allan	44	23:21	41	32:19	46=	12:07	41	1:07:47	7
57	Chris Tibbotts	60	27:48	53	36:23	56	13:59	58	1:18:10	8
71	Aston Campbell		NoTime		NoTime		NoTime		NoTime	

Run Duathlon : 30-39 Women

ID	Name	Run 4km		Mtb 11km		Run 2km		Overall		Category Place
		Place	Time	Place	Time	Place	Time	Place	Time	
18	Tiffany Farnsworth	15	18:39	6=	27:24	10=	09:08	8	55:11	1
5	Cathy Barr	54	24:45	33	31:22	45	12:03	42	1:08:10	2
11	Rachel Christie	56	25:14	36=	31:37	51	12:19	44=	1:09:10	3=
17	Mandy Evans	49	24:10	43	32:48	49	12:12	44=	1:09:10	3=
54	Cherie Prince	51	24:23	44	33:19	42	11:46	46	1:09:28	5
66	Paula Steal	57	25:26	34	31:26	54	12:57	48	1:09:49	6
67	Gill Lawrence	52	24:39	45	33:29	48	12:11	49	1:10:19	7
35	Trudy McBride	46	23:35	54	36:47	52	12:33	57	1:12:55	8

Run Duathlon : 40-49 Men

ID	Name	Run 4km		Mtb 11km		Run 2km		Overall		Category Place
		Place	Time	Place	Time	Place	Time	Place	Time	
31	Wayne Leighton	5	17:01	1	25:23	5	08:31	3	50:55	1
63	Phil Kenning	7	17:38	15	28:23	1	06:56	5	52:57	2
27	Chris James	6	17:35	16	28:24	7	08:58	7	54:57	3
68	Martin Hyde	10	18:21	11	27:44	25	09:54	11	55:59	4
39	Lionel Padial	12	18:25	18=	29:24	8	09:05	13	56:54	5
46	Barry Rowe	9	18:19	20	29:33	10=	09:08	14	57:00	6
59	Nick Rolton	17	19:09	17	28:39	14	09:22	15	57:10	7
21	Alex Grigg	19	19:31	13	28:01	22	09:45	17	57:17	8
9	Bruce Bosselmann	21	19:38	14	28:03	19=	09:38	18	57:19	9
10	Martin Byrne	16	18:46	27=	30:34	10=	09:08	20	58:28	10
64	Gary Barrow	29	20:25	22	29:57	28=	10:13	26	1:00:35	11
61	John Hart	26	20:10	24=	30:12	32	10:26	27	1:00:48	12
14	Bruno De Lorenzo	42	21:51	26	30:27	24	09:50	30	1:02:08	13
4	Richard Bamfield	28	20:22	36=	31:37	38	10:48	32=	1:02:47	14
2	Malcolm Anderson	35	20:55	38	31:50	50	12:13	37	1:04:58	15
7	Greg Biggs	39	21:29	48	34:00	37	10:46	40	1:06:15	16
23	Frits Hofman	45	23:32	47	33:46	40	11:17	43	1:08:35	17
3	Grahame Andrews	50	24:12	51	35:08	43	11:57	52	1:11:17	18

Run Duathlon : 40-49 Women

ID	Name	Run 4km		Mtb 11km		Run 2km		Overall		Category Place
		Place	Time	Place	Time	Place	Time	Place	Time	
16	Gaye Evans	14	18:31	9	27:33	15	09:30	10	55:34	1
15	Marjolein Edwards	20	19:37	23	30:01	17	09:34	22	59:12	2
62	Rosey Wilson	30	20:28	35	31:35	30=	10:18	31	1:02:21	3
49	Jude Todd	34	20:49	39	31:59	28=	10:13	36	1:03:01	4
60	Alison Couldrey	53	24:42	49	34:19	46=	12:07	51	1:11:08	5
6	Marielouise Bell	48	24:08	52	35:37	44	12:02	53	1:11:47	6
36	Joanne McClelland	47	24:02	55	36:58	41	11:18	55	1:12:18	7

Run Duathlon : 50-59 Men

ID	Name	Run 4km		Mtb 11km		Run 2km		Overall		Category Place
		Place	Time	Place	Time	Place	Time	Place	Time	
70	Alister Dickson	11	18:24	10	27:36	13	09:21	9	55:21	1
12	Norman Coldicott	27	20:12	8	27:28	21	09:42	19	57:22	2
13	Michael Dayman	23	19:56	21	29:40	16	09:33	21	59:09	3
58	Andrew Petheram	25	20:04	29	30:37	19=	09:38	25	1:00:19	4
32	Greg Lineham	36	21:10	30	30:38	30=	10:18	29	1:02:06	5
19	Peter Gibbs	37	21:12	31	30:49	39	10:56	35	1:02:57	6
51	Paul Meeson	41	21:47	56	37:16	35=	10:40	47	1:09:43	7
8	Ron Blair	55	25:08	50	35:02	53	12:43	56	1:12:53	8

Run Duathlon : 50-59 Women

ID	Name	Run 4km		Mtb 11km		Run 2km		Overall		Category Place
		Place	Time	Place	Time	Place	Time	Place	Time	
47	Margaret Shea	58	27:34	57	37:25	58	15:04	59	1:20:03	1

Run Duathlon : 60+ Men

ID	Name	Run 4km		Mtb 11km		Run 2km		Overall		Category Place
		Place	Time	Place	Time	Place	Time	Place	Time	
69	Ross Hollman	43	22:43	42	32:45	34	10:32	39	1:06:00	1

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Walk Duathlon : 30-39 Men

ID	Name	Walk 2km		Mtb 11km		Walk 2km		Overall		Category Place
		Place	Time	Place	Time	Place	Time	Place	Time	
101	Scott Carpenter	6	20:37	1	34:28	5	19:05	3	1:14:10	1
105	Rob Ballantyne	5	20:36	2	34:37	6	20:06	4	1:15:19	2

Walk Duathlon : 30-39 Women

ID	Name	Walk 2km		Mtb 11km		Walk 2km		Overall		Category Place
		Place	Time	Place	Time	Place	Time	Place	Time	
100	Nicky Aldworth	4	17:05	5	40:08	4	18:34	5	1:15:47	1
103	Gill Lawrence		NoTime		NoTime		NoTime		NoTime	

Walk Duathlon : 40-49 Women

ID	Name	Walk 2km		Mtb 11km		Walk 2km		Overall		Category Place
		Place	Time	Place	Time	Place	Time	Place	Time	
102	Susan Drew	3	16:16	3	36:17	3	17:04	2	1:09:37	1
106	Cec Lineham	2	16:01	6	45:37	1	15:02	6	1:16:40	2

Walk Duathlon : 50-59 Men

ID	Name	Walk 2km		Mtb 11km		Walk 2km		Overall		Category Place
		Place	Time	Place	Time	Place	Time	Place	Time	
104	Don Robertson	1	15:49	4	36:37	2	15:59	1	1:08:25	1

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Short Run Duathlon : Team U14

ID	Name	Run 2km		Mtb 11km		Run 2km		Overall		Category Place
		Place	Time	Place	Time	Place	Time	Place	Time	
500	Fantastic Two (Anna Fockenga And Tayla Bevan)	1	10:58	1	47:46	1	12:02	1	1:10:46	1

Nelson Triathlon and Multisport Club