

# Avanti Plus Peak Fitness Sprint Triathlon

## Race #3 - 25th January 2009

### Sprint Triathlon : U20 Female

ID	Name	Swim 750 m		Bike 20 km		Run 5 km		Overall		Category
		Place	Time	Place	Time	Place	Time	Place	Time	
126	Flossie Van Dyke	3	13:39	22	45:06	11	22:22	14	1:21:07	1
132	Laura Hoffmeuller	21	17:18	15	42:09	23	26:17	21	1:25:44	2

### Sprint Triathlon : U20 Male

ID	Name	Swim 750 m		Bike 20 km		Run 5 km		Overall		Category
		Place	Time	Place	Time	Place	Time	Place	Time	
113	William Prior	1	11:03	1	37:18	1	18:47	1	1:07:08	1
122	Tenzin Heatherbell	8	15:16	23	45:10	14	23:38	18	1:24:04	2

### Sprint Triathlon : 20-29 Male

ID	Name	Swim 750 m		Bike 20 km		Run 5 km		Overall		Category
		Place	Time	Place	Time	Place	Time	Place	Time	
118	Will O'Connor	9	15:20	8	39:18	6	20:45	7	1:15:23	1
119	Louis Olsen	2	13:30	12	41:02	12	22:35	9	1:17:07	2

### Sprint Triathlon : 30-39 Female

ID	Name	Swim 750 m		Bike 20 km		Run 5 km		Overall		Category
		Place	Time	Place	Time	Place	Time	Place	Time	
104	Bernie Whitaker	20	16:56	27	47:41	24	26:30	25	1:31:07	1

### Sprint Triathlon : 30-39 Male

ID	Name	Swim 750 m		Bike 20 km		Run 5 km		Overall		Category
		Place	Time	Place	Time	Place	Time	Place	Time	
100	Brendon Hughes	7	15:04	5	38:29	4	20:29	4	1:14:02	1
109	Glenn Bathgate	5	14:50	3	37:54	9	22:08	6	1:14:52	2
131	Gus Shirley	15	15:59	18	43:20	5	20:31	11	1:19:50	3
105	Chris Whitaker	19	16:29	11	40:52	20=	25:26	17	1:22:47	4
108	Mark Steel	22	17:34	13	41:52	20=	25:26	20	1:24:52	5

### Sprint Triathlon : 40-49 Female

ID	Name	Swim 750 m		Bike 20 km		Run 5 km		Overall		Category
		Place	Time	Place	Time	Place	Time	Place	Time	
130	Pogo Peterston	13	15:43	16	42:37	10	22:15	13	1:20:35	1
117	Julia Cree	6	14:56	14	42:04	18	24:55	15	1:21:55	2
101	Jessica Ross	24	18:12	25	45:18	16	24:05	22	1:27:35	3

### Sprint Triathlon : 40-49 Male

ID	Name	Swim 750 m		Bike 20 km		Run 5 km		Overall		Category
		Place	Time	Place	Time	Place	Time	Place	Time	
123	Cliff Bowman	14	15:49	6	38:52	2	18:59	2	1:13:40	1
124	Wayne Leighton	4	14:45	7	39:16	3	19:50	3	1:13:51	2
106	Chris James	23	17:36	4	38:00	7	21:24	8	1:17:00	3

### Sprint Triathlon : 50-59 Female

ID	Name	Swim 750 m		Bike 20 km		Run 5 km		Overall		Category
		Place	Time	Place	Time	Place	Time	Place	Time	
125	Margaret Johnston	17	16:14	28	49:25	22	26:16	26	1:31:55	1
127	Karen Nancarrow	25	18:21	29	55:25	29	31:08	29	1:44:54	2
102	Cheryl De Lange	30	20:55	30	1:07:53	30	34:38	30	2:03:26	3

### Sprint Triathlon : 50-59 Male

ID	Name	Swim 750 m		Bike 20 km		Run 5 km		Overall		Category
		Place	Time	Place	Time	Place	Time	Place	Time	
110	Murray Tewnion	11	15:29	2	37:28	8	21:32	5	1:14:29	1
107	Brent Thomson	18	16:27	9	39:30	15	23:39	10	1:19:36	2
103	Paul Thornton	16	16:09	20	43:41	13	22:42	16	1:22:32	3
133	Phill Howes	10	15:25	17	42:45	26	26:37	19	1:24:47	4

### Sprint Triathlon : 60-69 Male

ID	Name	Swim 750 m		Bike 20 km		Run 5 km		Overall		Category
		Place	Time	Place	Time	Place	Time	Place	Time	
116	Peter Gibbs	12	15:35	10	40:18	17	24:24	12	1:20:17	1
129	Colin Wragg	28	19:22	21	44:19	19	25:03	23	1:28:44	2

**Sprint Triathlon : 60-69 Male**

ID	Name	Swim 750 m		Bike 20 km		Run 5 km		Overall		Category Place
		Place	Time	Place	Time	Place	Time	Place	Time	
114	Max Clark	27	19:04	26	46:13	27	28:19	27	1:33:36	3

**Sprint Triathlon : 70+ Male**

ID	Name	Swim 750 m		Bike 20 km		Run 5 km		Overall		Category Place
		Place	Time	Place	Time	Place	Time	Place	Time	
121	Kerry Bateman	29	20:13	24	45:16	28	30:42	28	1:36:11	1

**Sprint Triathlon : Mixed Team**

ID	Name	Swim 750 m		Bike 20 km		Run 5 km		Overall		Category Place
		Place	Time	Place	Time	Place	Time	Place	Time	
128	Amateurs Team	26	18:59	19	43:35	25	26:34	24	1:29:08	1

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### Short Triathlon : U14 Female

ID	Name	Swim 250 m		Bike 7 km		Run 2.5 km		Overall		Category
		Place	Time	Place	Time	Place	Time	Place	Time	
54	Ella James	3	08:47	3	17:07	5	14:43	5	40:37	1
50	Holly Pittar	4	08:53	5	18:13	4	14:08	6	41:14	2

### Short Triathlon : U14 Male

ID	Name	Swim 250 m		Bike 7 km		Run 2.5 km		Overall		Category
		Place	Time	Place	Time	Place	Time	Place	Time	
51	Josh Barry	1	08:02	1	15:53	2	11:17	1	35:12	1
56	Patrick Griffin	6	09:23	4	17:59	3	12:50	4	40:12	2

### Short Triathlon : U16 Male

ID	Name	Swim 250 m		Bike 7 km		Run 2.5 km		Overall		Category
		Place	Time	Place	Time	Place	Time	Place	Time	
55	Sam Griffin	2	08:10	2	16:56	6	15:05	3	40:11	1

### Short Triathlon : 30-39 Female

ID	Name	Swim 250 m		Bike 7 km		Run 2.5 km		Overall		Category
		Place	Time	Place	Time	Place	Time	Place	Time	
111	Sarah Skinner	5	08:56	7	22:33	1	08:25	2	39:54	1

### Short Triathlon : 50-59 Female

ID	Name	Swim 250 m		Bike 7 km		Run 2.5 km		Overall		Category
		Place	Time	Place	Time	Place	Time	Place	Time	
52	Alison Warren	7	09:25	6	19:59	7	16:35	7	45:59	1

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<b>Swim : Female</b>				
ID	Name	Overall		Category
		Place	Time	
201	Vanessa Price	5	26:51	1
206	Britta Martin	6	27:12	2

<b>Swim : Male</b>				
ID	Name	Overall		Category
		Place	Time	
203	Ben Van Dyke	1	22:23	1
202	Richard Ussher	2	22:43	2
204	Lionel Padial	3	22:44	3
205	Dan Padial	4	23:17	4
200	Nigel Burgess	7	27:56	5

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## Race #3 - 25th January 2009

### Long Duathlon : 30-39 Male

ID	Name	Run 2.5 km		Bike 20 km		Run 5 km		Overall		Category
		Place	Time	Place	Time	Place	Time	Place	Time	
21	Daniel Bremner	1	10:13	1	36:55	1	16:08	1	1:03:16	1

### Long Duathlon : 40-49 Male

ID	Name	Run 2.5 km		Bike 20 km		Run 5 km		Overall		Category
		Place	Time	Place	Time	Place	Time	Place	Time	
20	Parke Pittar	2	13:04	2	49:48	2	28:38	2	1:31:30	1

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## Race #3 - 25th January 2009

<b>Short Duathlon : U20 Female</b>										
ID	Name	Run 1.3km		Bike 7 km		Run 2.5 km		Overall		Category
		Place	Time	Place	Time	Place	Time	Place	Time	
1	Amanda Gadsby	2	07:21	2	18:24	2	14:15	2	40:00	1

<b>Short Duathlon : 20-29 Male</b>										
ID	Name	Run 1.3km		Bike 7 km		Run 2.5 km		Overall		Category
		Place	Time	Place	Time	Place	Time	Place	Time	
5	Glen Martin	1	06:35	1	15:00	1	13:25	1	35:00	1

<b>Short Duathlon : 50-59 Female</b>										
ID	Name	Run 1.3km		Bike 7 km		Run 2.5 km		Overall		Category
		Place	Time	Place	Time	Place	Time	Place	Time	
53	Maxine Roberts	3	11:18	3	18:51	3	20:58	3	51:07	1

# Avanti Plus Peak Fitness Sprint Triathlon

## Race #3 - 25th January 2009

### Short Walk Duathlon : 40-49 Female

ID	Name	Walk 1.3km		Bike 7 km		Walk 2.5 km		Overall		Category
		Place	Time	Place	Time	Place	Time	Place	Time	
2	Jenny Gaudion	1	11:31	1	16:34	2	22:09	1	50:14	1

### Short Walk Duathlon : 50-59 Female

ID	Name	Walk 1.3km		Bike 7 km		Walk 2.5 km		Overall		Category
		Place	Time	Place	Time	Place	Time	Place	Time	
3	Debbie Hickling	2	11:32	2	17:33	1	21:58	2	51:03	1

Triathlon Nelson