

**Long Run Duathlon : U16 Male**

ID	Name	5 km Run		15 km MTB		2.5 km Run		Overall		Category Place
		Place	Time	Place	Time	Place	Time	Place	Time	
31	Tom Stringer	3	18:22	25	42:32	4	10:10	12	1:11:04	1
7	Daniel Claus	19	21:20	15	40:33	20=	11:58	14	1:13:51	2
4	Andrew Read	41	23:48	59	53:59	36	13:21	51	1:31:08	3
10	Jack Thornton	35	23:24		DNF		DNF		DNF	

**Long Run Duathlon : U16 Female**

ID	Name	5 km Run		15 km MTB		2.5 km Run		Overall		Category Place
		Place	Time	Place	Time	Place	Time	Place	Time	
12	Zoe Borrell	44	24:15	54	51:33	50	14:38	50	1:30:26	1

**Long Run Duathlon : U18 Male**

ID	Name	5 km Run		15 km MTB		2.5 km Run		Overall		Category Place
		Place	Time	Place	Time	Place	Time	Place	Time	
183	Benjamin Slierendrecht	23	21:43	41	46:07	52	14:50	39	1:22:40	1
206	Tim Corbett	51	24:58	46	47:50	42	13:52	46	1:26:40	2

**Long Run Duathlon : U20 Female**

ID	Name	5 km Run		15 km MTB		2.5 km Run		Overall		Category Place
		Place	Time	Place	Time	Place	Time	Place	Time	
35	Josie Wilcox	8	19:14	22	41:33	6	10:30	13	1:11:17	1
33	Laura Hoffmueller	28	22:21	11	39:33	26	12:22	17	1:14:16	2
37	Adrienne Stewart	50	24:50	55	52:08	51	14:43	54	1:31:41	3

**Long Run Duathlon : 20-29 Male**

ID	Name	5 km Run		15 km MTB		2.5 km Run		Overall		Category Place
		Place	Time	Place	Time	Place	Time	Place	Time	
156	John O Regan	18	21:17	18	41:01	19	11:48	16	1:14:06	1
142	Glenn Coldicott	32	23:12	29	43:25	55	15:09	34	1:21:46	2

**Long Run Duathlon : 20-29 Female**

ID	Name	5 km Run		15 km MTB		2.5 km Run		Overall		Category Place
		Place	Time	Place	Time	Place	Time	Place	Time	
178	Alicja Maslowska	56	26:02	40	45:12	43	13:56	45	1:25:10	1

**Long Run Duathlon : 30-39 Male**

ID	Name	5 km Run		15 km MTB		2.5 km Run		Overall		Category Place
		Place	Time	Place	Time	Place	Time	Place	Time	
179	Robin Reid	5	18:33	1	33:00	7	10:40	1	1:02:13	1
54	Jake Stow	2	17:50	2	36:03	5	10:19	2	1:04:12	2
2	Jon Linyard	4	18:27	3	36:29	2	09:50	4	1:04:46	3
56	Paul McNabb	13	20:25	4	36:38	11	11:06	7	1:08:09	4
67	Henry Kersten	12	20:10	9	38:39	22	11:59	9	1:10:48	5
52	Chris Whitaker	17	21:10	19	41:18	20=	11:58	19	1:14:26	6
69	Scott Kinzett	14	20:27	26	42:39	23	12:17	21	1:15:23	7
68	Darren Richards	25	21:53	20	41:26	24=	12:18	23	1:15:37	8
144	Scott Burnett	39	23:38	16	40:34	56	15:24	30	1:19:36	9
62	Dean McBrearty	37	23:27	48	48:11	34	13:03	43	1:24:41	10
215	Mark Steel	26	21:54	58	53:36	13	11:20	48	1:26:50	11
209	Murray Wood	52	25:02	47	48:08	61	18:02	52	1:31:12	12
220	Andy Earl	58	27:12	56	52:19	59	16:31	59	1:36:02	13

**Long Run Duathlon : 30-39 Female**

ID	Name	5 km Run		15 km MTB		2.5 km Run		Overall		Category Place
		Place	Time	Place	Time	Place	Time	Place	Time	
204	Britta Martin	10	20:04	7	38:24	14=	11:26	8	1:09:54	1
198	Fleur Lattimore	11	20:07	12	40:00	9	10:52	11	1:10:59	2
210	Jaci Miller	33	23:20	14	40:32	38	13:28	24	1:17:20	3
59	Gretchen Lund	42	23:52	34=	44:21	41	13:51	36	1:22:04	4
60	Soozie Trice	40	23:40	44	47:00	29	12:42	40	1:23:22	5
64	Miriam Clark	57	27:09	50	49:59	54	15:00	55	1:32:08	6
70	Margaret Oliver	59	27:50	52	51:25	53	14:59	57	1:34:14	7
75	Robyn Dunmore	60	28:20	51	51:06	58	16:10	58	1:35:36	8
57	Sharyn Goldstein	61	28:33	53	51:29	57	16:09	60	1:36:11	9

### Long Run Duathlon : 40-49 Male

ID	Name	5 km Run		15 km MTB		2.5 km Run		Overall		Category Place
		Place	Time	Place	Time	Place	Time	Place	Time	
102	Cliff Bowman	1	17:25	6	37:36	1	09:35	3	1:04:36	1
106	Frankie Kersten	7	18:47	5	36:51	8	10:47	5	1:06:25	2
140	Edward Hohepa	6	18:45	8	38:25	3	10:07	6	1:07:17	3
193	Glenn Bussell	16	21:01	21	41:31	14=	11:26	15	1:13:58	4
195	Don Wardle	30	22:32	13	40:07	18	11:44	18	1:14:23	5
92	Stuart Houston	24	21:51	17	41:00	24=	12:18	20	1:15:09	6
216	Wayne Leighton	9	19:41	31	44:05	17	11:43	22	1:15:29	7
208	Geoff Black	21=	21:35	28	43:18	27=	12:41	26	1:17:34	8
99	Charles Squance	20	21:25	38	44:54	12	11:18	27	1:17:37	9
203	Stewart Beach	29	22:30	34=	44:21	33	13:00	31	1:19:51	10
187	Philip Clements	47	24:34	23	42:10	48	14:13	32	1:20:57	11
207	Wayne Corbett	34	23:23	33	44:18	40	13:37	33	1:21:18	12
205	Julian Daly	43	23:59	30	44:04	49	14:29	38	1:22:32	13
93	Richard Borrell	46	24:30	39	45:11	46	14:05	42	1:23:46	14
213	Andy Gabriel	49	24:46	60	54:38	44=	14:04	56	1:33:28	15

### Long Run Duathlon : 40-49 Female

ID	Name	5 km Run		15 km MTB		2.5 km Run		Overall		Category Place
		Place	Time	Place	Time	Place	Time	Place	Time	
138	Gaye Evans	27	22:20	24	42:23	30	12:44	25	1:17:27	1
177	Leigh Champion	45	24:27	43	46:15	31	12:45	41	1:23:27	2
88	Anja Claus	53	25:11	45	47:32	44=	14:04	47	1:26:47	3
98	Carolyn Squance	54	25:14	49	48:14	37	13:24	49	1:26:52	4

### Long Run Duathlon : 50-59 Male

ID	Name	5 km Run		15 km MTB		2.5 km Run		Overall		Category Place
		Place	Time	Place	Time	Place	Time	Place	Time	
130	Bryan Swadel	15	20:29	10	39:30	10	10:56	10	1:10:55	1
199	Bruce Patrick	21=	21:35	37	44:42	14=	11:26	28	1:17:43	2
125	Geoff Clark	48	24:36	36	44:29	35	13:05	37	1:22:10	3
134	Graeme White	55	25:21	42	46:13	39	13:29	44	1:25:03	4
158	Paul Meeson	36	23:26	61	55:04	32	12:53	53	1:31:23	5
200	Greg Lineham	62	29:08	57	53:12	60	17:21	61	1:39:41	6

## Long Run Duathlon : 60 +Male

ID	Name	5 km Run		15 km MTB		2.5 km Run		Overall		Category
		Place	Time	Place	Time	Place	Time	Place	Time	
168	Alister Dickson	31	22:37	27	43:16	27=	12:41	29	1:18:34	1
1	Peter Gibbs	38	23:33	32	44:15	47	14:09	35	1:21:57	2

### Short Run Duathlon : U16 Male

ID	Name	2 km Run		7.5 km MTB		2 km Run		Overall		Category Place
		Place	Time	Place	Time	Place	Time	Place	Time	
194	Cameron Ford	4	08:22	1	19:57	12	10:01	3	38:20	1
16	Scott Barr	7	08:29	4	21:42	5	09:32	6	39:43	2
13	William Borrell	13	08:47	9	22:24	21	10:32	11	41:43	3
147	Andrew Hampson	18	09:04	10	22:36	15	10:08	13	41:48	4
153	Hayden Erasmus	5	08:24	21	23:37	11	09:58	14	41:59	5
29	Patrick Griffin	16	09:02	26	24:28	16	10:11	17	43:41	6
11	Caleb Mills	22	09:19	19	23:25	23	10:59	18	43:43	7
20	Hayden Squance	25	09:28	12=	22:42	29	11:43	20	43:53	8
27	Jacob Anderson	26	09:34	20	23:33	39=	12:13	23	45:20	9
19	Morris Guns Morris	27	09:36	30	24:49	36=	12:09	27	46:34	10
32	Michael Stringer	24	09:26	50	27:04	20	10:27	30	46:57	11
26	Keegan Fisher	41	10:19	42	26:21	31	11:52	34	48:32	12
172	Keegan Eggers	33	09:51	58=	28:56	41	12:14	45	51:01	13
14	Alexander Borrell	46	11:04	68	34:56	50	12:55	60	58:55	14
218	Quintin Fowler	74	26:13	65	32:53	73	18:39	74	1:17:45	15

### Short Run Duathlon : U16 Female

ID	Name	2 km Run		7.5 km MTB		2 km Run		Overall		Category Place
		Place	Time	Place	Time	Place	Time	Place	Time	
154	Claire Erasmus	6	08:28	27	24:30	6=	09:46	15	42:44	1
151	Georgia Anderson	8	08:32	47	26:47	10	09:56	22	45:15	2
162	Holly Johnson	29	09:43	29	24:45	30	11:49	25	46:17	3
24	Sophie Clarke	20	09:07	41	26:14	26	11:15	28	46:36	4
17	Caitlin Holmes	38	10:02	23	24:01	54	13:30	31	47:33	5
196	Bailey Ford	31	09:47	51	27:33	28	11:30	37	48:50	6
212	Pip Dalley	70=	21:55	12=	22:42	9	09:48	56	54:25	7
219	Bianca Fraser	70=	21:55	16	22:54	67	16:23	63	1:01:12	8
5	Ireland Steenbergen	60	12:37	64	32:48	68	16:34	64	1:01:59	9
18	Janet Smith	64	12:57	69	35:07	59	14:03	65	1:02:07	10
15	Sara Reidie	43	10:35	72	39:39	38	12:10	67	1:02:24	11
6	Cedar Steenbergen	68	14:46	73	42:32	75	19:00	72	1:16:18	12

**Short Run Duathlon : U20 Male**

ID	Name	2 km Run		7.5 km MTB		2 km Run		Overall Place	Overall Time	Category Place
		Place	Time	Place	Time	Place	Time			
34	Cameron Eggers	10	08:36	5=	21:56	24	11:02	10	41:34	1

**Short Run Duathlon : 20-29 Female**

ID	Name	2 km Run		7.5 km MTB		2 km Run		Overall Place	Overall Time	Category Place
		Place	Time	Place	Time	Place	Time			
43	Louise Willmott	34	09:54	54	28:06	33	12:00	44	50:00	1
42	Jenna Voigt	48	11:08	53	27:52	55	13:40	53	52:40	2
141	Sarah Coldicott	62	12:44	70	35:13	2	06:02	55	53:59	3
211	Emily James	73	25:16	55	28:09	63	15:00	71	1:08:25	4

**Short Run Duathlon : 30-39 Male**

ID	Name	2 km Run		7.5 km MTB		2 km Run		Overall Place	Overall Time	Category Place
		Place	Time	Place	Time	Place	Time			
58	Andrew Goodger	2	08:06	5=	21:56	3	09:25	4	39:27	1
197	Rob Ford	32	09:48	52	27:34	27	11:27	36	48:49	2

**Short Run Duathlon : 30-39 Female**

ID	Name	2 km Run		7.5 km MTB		2 km Run		Overall Place	Overall Time	Category Place
		Place	Time	Place	Time	Place	Time			
61	Karen Goodger	12	08:41	25	24:19	8	09:47	16	42:47	1
190	Renee Hunt	17	09:03	24	24:18	19	10:23	19	43:44	2
72	Lauren Walker	36	09:59	31=	24:54	34	12:01	29	46:54	3
49	Helen Steenbergen	65	13:01	17	22:57	42	12:19	33	48:17	4
73	Robyn Varricchio	45	10:53	57	28:48	49	12:53	52	52:34	5
181	Michelle Fitzgerald	63	12:56	60	29:59	70	16:43	61=	59:38	6
65	Victoria Shelling	30	09:45	71	35:47	69	16:38	66	1:02:10	7

**Short Run Duathlon : 40-49 Male**

ID	Name	2 km Run		7.5 km MTB		2 km Run		Overall Place	Overall Time	Category Place
		Place	Time	Place	Time	Place	Time			
104	Tim Cuff	9	08:33	3	20:57	13	10:03	5	39:33	1

### Short Run Duathlon : 40-49 Male

ID	Name	2 km Run		7.5 km MTB		2 km Run		Overall Place	Time	Category Place
		Place	Time	Place	Time	Place	Time			
85	Paul Eggers	1	08:03	15	22:50	14	10:04	7	40:57	2
150	Martin Anderson	23	09:25	18	23:07	36=	12:09	21	44:41	3
192	Gary Fisher	40	10:16	43	26:22	32	11:55	35	48:33	4
171	Mark Corlet	51	11:32	34=	25:17	45	12:33	41	49:22	5
83	Steve Petrie	55	11:43	45	26:25	60	14:05	49	52:13	6
182	Stephen Fitzgerald	21	09:10	67	33:27	71	17:01	61=	59:38	7
81	Ed Steenbergen	69	14:48	74	42:35	74	18:57	73	1:16:20	8

### Short Run Duathlon : 40-49 Female

ID	Name	2 km Run		7.5 km MTB		2 km Run		Overall Place	Time	Category Place
		Place	Time	Place	Time	Place	Time			
180	Jane Martin	14	08:49	8	22:20	18	10:20	9	41:29	1
84	Andrea Livingston	19	09:05	7	21:58	22	10:42	12	41:45	2
94	Janine Pomeroy	37	10:01	33	25:14	25	11:04	26	46:19	3
152	Julie Varney	42	10:31	28	24:31	48	12:44	32	47:46	4
148	Kate Brockelsby	58	12:11	22	23:50	52	13:16	40	49:17	5
173	Donna Shaw	50	11:29	34=	25:17	47	12:39	43	49:25	6
96	Lyn Smith	49	11:21	40	26:11	56	13:42	46	51:14	7
80	Sally Powell	52	11:38	38	25:59	57	13:48	47	51:25	8
105	Wendy De Maat	56	11:53	36	25:36	62	14:42	48	52:11	9
185	Becks Hide	54	11:42	44	26:23	61	14:12	50	52:17	10
90	Cheryl De Lange	59	12:26	62	30:31	53	13:24	57	56:21	11
100	Amanda James	61	12:41	58=	28:56	64	15:20	59	56:57	12
95	Renee Ferguson	67	14:19	63	32:05	65	16:20	69	1:02:44	13
82	Sharon Petrie	66	13:54	66	33:11	66	16:22	70	1:03:27	14

### Short Run Duathlon : 50-59 Male

ID	Name	2 km Run		7.5 km MTB		2 km Run		Overall Place	Time	Category Place
		Place	Time	Place	Time	Place	Time			
126	Wouter De Maat	3	08:14	2	20:38	4	09:26	2	38:18	1
118	Ian McNabb	15	08:58	48	26:48	17	10:16	24	46:02	2
202	Vince Marley	57	12:03	49	26:50	72	17:59	58	56:52	3

**Short Run Duathlon : 50-59 Female**

ID	Name	2 km Run		7.5 km MTB		2 km Run		Overall		Category
		Place	Time	Place	Time	Place	Time	Place	Time	
119	Christine Henderson	44	10:40	37	25:41	46	12:34	38	48:55	1
115	Barb Gibbs	39	10:14	46	26:42	35	12:04	39	49:00	2
121	Wendy Hedwig	47	11:06	39	26:05	39=	12:13	42	49:24	3

**Short Run Duathlon : 60 + Female**

ID	Name	2 km Run		7.5 km MTB		2 km Run		Overall		Category
		Place	Time	Place	Time	Place	Time	Place	Time	
145	Marie Lenting	53	11:39	56	28:34	43=	12:30	54	52:43	1

**Short Run Duathlon : Team**

ID	Name	2 km Run		7.5 km MTB		2 km Run		Overall		Category
		Place	Time	Place	Time	Place	Time	Place	Time	
159	Team Clark	28	09:41	11	22:39	1	01:05	1	33:25	1
143	Weirdos TEAM	11	08:40	14	22:47	6=	09:46	8	41:13	2
186	Laura & Aimee TEAM	35	09:55	61	30:01	43=	12:30	51	52:26	3
214	O'Blimey's TEAM	72	23:50	31=	24:54	58	13:59	68	1:02:43	4
217	Stow TEAM	75	26:44	75	48:18	51	13:03	75	1:28:05	5

**Walk Duathlon : 20-29 Female**

ID	Name	2 km Walk		7.5 km MTB		2 km Walk		Overall		Category Place
		Place	Time	Place	Time	Place	Time	Place	Time	
41	Rebecca Wasley	7	14:06	9	27:24	6	15:34	8	57:04	1

**Walk Duathlon : 40-49 Male**

ID	Name	2 km Walk		7.5 km MTB		2 km Walk		Overall		Category Place
		Place	Time	Place	Time	Place	Time	Place	Time	
110	Richard Griffin	5	13:36	4	24:02	9	16:19	5	53:57	1

**Walk Duathlon : 50-59 Male**

ID	Name	2 km Walk		7.5 km MTB		2 km Walk		Overall		Category Place
		Place	Time	Place	Time	Place	Time	Place	Time	
116	Steve Pauling	1	08:08	2	21:05	1	09:30	1	38:43	1
120	Michael Harte	2	11:11	1	20:18	2	12:24	2	43:53	2
170	Ross Mitchell	4	13:20	5	24:21	3	14:23	3	52:04	3
133	Ian Selwood	3	13:19	3	23:16	5	15:32	4	52:07	4
132	Warwick Parkes	6	13:52	8	25:18	4	15:21	6	54:31	5
117	John Wilson	11	16:11	6	24:56	8	15:53	7	57:00	6
131	Don Robertson	8	14:07	10	27:32	7	15:46	9	57:25	7
114	Stephen Neill	9	15:22	7	24:59	10	18:31	10	58:52	8

**Walk Duathlon : 60 + Female**

ID	Name	2 km Walk		7.5 km MTB		2 km Walk		Overall		Category Place
		Place	Time	Place	Time	Place	Time	Place	Time	
184	Daphne Gilbert	10	15:25	11	32:50	11	18:55	11	1:07:10	1