

Long Run Duathlon : U16 Male

ID	Name	5 km Run		15 km MTB		2.5 km Run		Overall		Category Place
		Place	Time	Place	Time	Place	Time	Place	Time	
31	Tom Stringer	3	18:22	25	42:32	4	10:10	12	1:11:04	1
7	Daniel Claus	19	21:20	15	40:33	20=	11:58	14	1:13:51	2
4	Andrew Read	41	23:48	60	53:59	36	13:21	52	1:31:08	3
10	Jack Thornton	35	23:24		DNF		DNF		DNF	

Long Run Duathlon : U16 Female

ID	Name	5 km Run		15 km MTB		2.5 km Run		Overall		Category Place
		Place	Time	Place	Time	Place	Time	Place	Time	
12	Zoe Borrell	44	24:15	55	51:33	51	14:38	51	1:30:26	1

Long Run Duathlon : U18 Male

ID	Name	5 km Run		15 km MTB		2.5 km Run		Overall		Category Place
		Place	Time	Place	Time	Place	Time	Place	Time	
183	Benjamin Slierendrecht	23	21:43	41	46:07	53	14:50	39	1:22:40	1
201	Joe Thornton	52	25:01	44	46:34	41	13:38	46	1:25:13	2
206	Tim Corbett	51	24:58	47	47:50	43	13:52	47	1:26:40	3

Long Run Duathlon : U20 Female

ID	Name	5 km Run		15 km MTB		2.5 km Run		Overall		Category Place
		Place	Time	Place	Time	Place	Time	Place	Time	
35	Josie Wilcox	8	19:14	22	41:33	6	10:30	13	1:11:17	1
33	Laura Hoffmueller	28	22:21	11	39:33	26	12:22	17	1:14:16	2
37	Adrienne Stewart	50	24:50	56	52:08	52	14:43	55	1:31:41	3

Long Run Duathlon : 20-29 Male

ID	Name	5 km Run		15 km MTB		2.5 km Run		Overall		Category Place
		Place	Time	Place	Time	Place	Time	Place	Time	
156	John O Regan	18	21:17	18	41:01	19	11:48	16	1:14:06	1
142	Glenn Coldicott	32	23:12	29	43:25	56	15:09	34	1:21:46	2

Long Run Duathlon : 20-29 Female

ID	Name	5 km Run		15 km MTB		2.5 km Run		Overall		Category Place
		Place	Time	Place	Time	Place	Time	Place	Time	
178	Alicja Maslowska	57	26:02	40	45:12	44	13:56	45	1:25:10	1

Long Run Duathlon : 30-39 Male

ID	Name	5 km Run		15 km MTB		2.5 km Run		Overall		Category Place
		Place	Time	Place	Time	Place	Time	Place	Time	
179	Robin Reid	5	18:33	1	33:00	7	10:40	1	1:02:13	1
54	Jake Stow	2	17:50	2	36:03	5	10:19	2	1:04:12	2
2	Jon Linyard	4	18:27	3	36:29	2	09:50	4	1:04:46	3
56	Paul McNabb	13	20:25	4	36:38	11	11:06	7	1:08:09	4
67	Henry Kersten	12	20:10	9	38:39	22	11:59	9	1:10:48	5
52	Chris Whitaker	17	21:10	19	41:18	20=	11:58	19	1:14:26	6
69	Scott Kinzett	14	20:27	26	42:39	23	12:17	21	1:15:23	7
68	Darren Richards	25	21:53	20	41:26	24=	12:18	23	1:15:37	8
144	Scott Burnett	39	23:38	16	40:34	57	15:24	30	1:19:36	9
62	Dean McBrearty	37	23:27	49	48:11	34	13:03	43	1:24:41	10
215	Mark Steel	26	21:54	59	53:36	13	11:20	49	1:26:50	11
209	Murray Wood	53	25:02	48	48:08	62	18:02	53	1:31:12	12
220	Andy Earl	59	27:12	57	52:19	60	16:31	60	1:36:02	13

Long Run Duathlon : 30-39 Female

ID	Name	5 km Run		15 km MTB		2.5 km Run		Overall		Category Place
		Place	Time	Place	Time	Place	Time	Place	Time	
204	Britta Martin	10	20:04	7	38:24	14=	11:26	8	1:09:54	1
198	Fleur Lattimore	11	20:07	12	40:00	9	10:52	11	1:10:59	2
210	Jaci Miller	33	23:20	14	40:32	38	13:28	24	1:17:20	3
59	Gretchen Lund	42	23:52	34=	44:21	42	13:51	36	1:22:04	4
60	Soozie Trice	40	23:40	45	47:00	29	12:42	40	1:23:22	5
64	Miriam Clark	58	27:09	51	49:59	55	15:00	56	1:32:08	6
70	Margaret Oliver	60	27:50	53	51:25	54	14:59	58	1:34:14	7
75	Robyn Dunmore	61	28:20	52	51:06	59	16:10	59	1:35:36	8
57	Sharyn Goldstein	62	28:33	54	51:29	58	16:09	61	1:36:11	9

Long Run Duathlon : 40-49 Male

ID	Name	5 km Run		15 km MTB		2.5 km Run		Overall		Category Place
		Place	Time	Place	Time	Place	Time	Place	Time	
102	Cliff Bowman	1	17:25	6	37:36	1	09:35	3	1:04:36	1
106	Frankie Kersten	7	18:47	5	36:51	8	10:47	5	1:06:25	2
140	Edward Hohepa	6	18:45	8	38:25	3	10:07	6	1:07:17	3
193	Glenn Bussell	16	21:01	21	41:31	14=	11:26	15	1:13:58	4
195	Don Wardle	30	22:32	13	40:07	18	11:44	18	1:14:23	5
92	Stuart Houston	24	21:51	17	41:00	24=	12:18	20	1:15:09	6
216	Wayne Leighton	9	19:41	31	44:05	17	11:43	22	1:15:29	7
208	Geoff Black	21=	21:35	28	43:18	27=	12:41	26	1:17:34	8
99	Charles Squance	20	21:25	38	44:54	12	11:18	27	1:17:37	9
203	Stewart Beach	29	22:30	34=	44:21	33	13:00	31	1:19:51	10
187	Philip Clements	47	24:34	23	42:10	49	14:13	32	1:20:57	11
207	Wayne Corbett	34	23:23	33	44:18	40	13:37	33	1:21:18	12
205	Julian Daly	43	23:59	30	44:04	50	14:29	38	1:22:32	13
93	Richard Borrell	46	24:30	39	45:11	47	14:05	42	1:23:46	14
213	Andy Gabriel	49	24:46	61	54:38	45=	14:04	57	1:33:28	15

Long Run Duathlon : 40-49 Female

ID	Name	5 km Run		15 km MTB		2.5 km Run		Overall		Category Place
		Place	Time	Place	Time	Place	Time	Place	Time	
138	Gaye Evans	27	22:20	24	42:23	30	12:44	25	1:17:27	1
177	Leigh Champion	45	24:27	43	46:15	31	12:45	41	1:23:27	2
88	Anja Claus	54	25:11	46	47:32	45=	14:04	48	1:26:47	3
98	Carolyn Squance	55	25:14	50	48:14	37	13:24	50	1:26:52	4

Long Run Duathlon : 50-59 Male

ID	Name	5 km Run		15 km MTB		2.5 km Run		Overall		Category Place
		Place	Time	Place	Time	Place	Time	Place	Time	
130	Bryan Swadel	15	20:29	10	39:30	10	10:56	10	1:10:55	1
199	Bruce Patrick	21=	21:35	37	44:42	14=	11:26	28	1:17:43	2
125	Geoff Clark	48	24:36	36	44:29	35	13:05	37	1:22:10	3
134	Graeme White	56	25:21	42	46:13	39	13:29	44	1:25:03	4
158	Paul Meeson	36	23:26	62	55:04	32	12:53	54	1:31:23	5
200	Greg Lineham	63	29:08	58	53:12	61	17:21	62	1:39:41	6

Long Run Duathlon : 60 +Male

ID	Name	5 km Run		15 km MTB		2.5 km Run		Overall		Category
		Place	Time	Place	Time	Place	Time	Place	Time	
168	Alister Dickson	31	22:37	27	43:16	27=	12:41	29	1:18:34	1
1	Peter Gibbs	38	23:33	32	44:15	48	14:09	35	1:21:57	2

Short Run Duathlon : U16 Male

ID	Name	2 km Run		7.5 km MTB		2 km Run		Overall		Category Place
		Place	Time	Place	Time	Place	Time	Place	Time	
194	Cameron Ford	5	08:22	1	19:57	11	10:01	2	38:20	1
16	Scott Barr	8	08:29	5	21:42	4	09:32	6	39:43	2
13	William Borrell	14	08:47	10	22:24	20	10:32	12	41:43	3
147	Andrew Hampson	21	09:04	11	22:36	14	10:08	14	41:48	4
153	Hayden Erasmus	6	08:24	23	23:37	10	09:58	15	41:59	5
29	Patrick Griffin	19	09:02	28	24:28	15	10:11	19	43:41	6
11	Caleb Mills	25	09:19	20=	23:25	22	10:59	20	43:43	7
27	Jacob Anderson	29	09:34	22	23:33	38=	12:13	24	45:20	8
19	Morris Guns Morris	30	09:36	32	24:49	35=	12:09	29	46:34	9
32	Michael Stringer	27	09:26	52	27:04	19	10:27	32	46:57	10
26	Keegan Fisher	45	10:19	44	26:21	30	11:52	37	48:32	11
196	Bailey Ford	34	09:47	53	27:33	28	11:30	40	48:50	12
172	Keegan Eggers	37	09:51	60=	28:56	40	12:14	49	51:01	13
146	Alec Hampson	36	09:49	62	29:00	49	12:52	52	51:41	14
20	Hayden Squance	28	09:28	13=	22:42	77	21:43	60	53:53	15
14	Alexander Borrell	51	11:04	71	34:56	51	12:55	65	58:55	16
218	Quintin Fowler	72	13:13	68	32:53	74	18:39	74	1:04:45	17

Short Run Duathlon : U16 Female

ID	Name	2 km Run		7.5 km MTB		2 km Run		Overall		Category Place
		Place	Time	Place	Time	Place	Time	Place	Time	
212	Pip Dalley	16=	08:55	13=	22:42	8	09:48	9	41:25	1
154	Claire Erasmus	7	08:28	29	24:30	5=	09:46	16	42:44	2
151	Georgia Anderson	9	08:32	49	26:47	9	09:56	23	45:15	3
162	Holly Johnson	32	09:43	31	24:45	29	11:49	27	46:17	4
24	Sophie Clarke	23	09:07	43	26:14	26	11:15	30	46:36	5
17	Caitlin Holmes	42	10:02	25	24:01	55	13:30	33	47:33	6
219	Bianca Fraser	16=	08:55	17	22:54	69	16:23	35	48:12	7
5	Ireland Steenbergen	66	12:37	67	32:48	70	16:34	68	1:01:59	8
18	Janet Smith	70	12:57	72	35:07	60	14:03	69	1:02:07	9
15	Sara Reidie	47	10:35	74	39:39	37	12:10	70	1:02:24	10
6	Cedar Steenbergen	76	14:46	75	42:32	76	19:00	76	1:16:18	11

Short Run Duathlon : U20 Male

ID	Name	2 km Run		7.5 km MTB		2 km Run		Overall Place	Time	Category Place
		Place	Time	Place	Time	Place	Time			
34	Cameron Eggers	11	08:36	6=	21:56	23	11:02	11	41:34	1

Short Run Duathlon : 20-29 Female

ID	Name	2 km Run		7.5 km MTB		2 km Run		Overall Place	Time	Category Place
		Place	Time	Place	Time	Place	Time			
43	Louise Willmott	38	09:54	56	28:06	32	12:00	48	50:00	1
42	Jenna Voigt	53	11:08	55	27:52	56	13:40	58	52:40	2
211	Emily James	64	12:16	57	28:09	64	15:00	61	55:25	3
141	Sarah Coldicott	68	12:44	73	35:13	65	15:12	72	1:03:09	4

Short Run Duathlon : 30-39 Male

ID	Name	2 km Run		7.5 km MTB		2 km Run		Overall Place	Time	Category Place
		Place	Time	Place	Time	Place	Time			
58	Andrew Goodger	2	08:06	6=	21:56	1	09:25	4	39:27	1
197	Rob Ford	35	09:48	54	27:34	27	11:27	39	48:49	2

Short Run Duathlon : 30-39 Female

ID	Name	2 km Run		7.5 km MTB		2 km Run		Overall Place	Time	Category Place
		Place	Time	Place	Time	Place	Time			
61	Karen Goodger	13	08:41	27	24:19	7	09:47	17	42:47	1
190	Renee Hunt	20	09:03	26	24:18	18	10:23	21	43:44	2
65	Victoria Shelling	33	09:45	20=	23:25	42	12:22	25	45:32	3
72	Lauren Walker	40	09:59	33=	24:54	33	12:01	31	46:54	4
49	Helen Steenbergen	71	13:01	18	22:57	41	12:19	36	48:17	5
73	Robyn Varricchio	50	10:53	59	28:48	50	12:53	57	52:34	6
181	Michelle Fitzgerald	69	12:56	63	29:59	71	16:43	66=	59:38	7

Short Run Duathlon : 40-49 Male

ID	Name	2 km Run		7.5 km MTB		2 km Run		Overall Place	Time	Category Place
		Place	Time	Place	Time	Place	Time			
104	Tim Cuff	10	08:33	3	20:57	12	10:03	5	39:33	1

Short Run Duathlon : 40-49 Male

ID	Name	2 km Run		7.5 km MTB		2 km Run		Overall		Category Place
		Place	Time	Place	Time	Place	Time	Place	Time	
85	Paul Eggers	1	08:03	16	22:50	13	10:04	7	40:57	2
150	Martin Anderson	26	09:25	19	23:07	35=	12:09	22	44:41	3
192	Gary Fisher	44	10:16	45	26:22	31	11:55	38	48:33	4
171	Mark Corlet	56	11:32	36=	25:17	45	12:33	44	49:22	5
83	Steve Petrie	60	11:43	47	26:25	61	14:05	54	52:13	6
182	Stephen Fitzgerald	24	09:10	70	33:27	72	17:01	66=	59:38	7
81	Ed Steenbergen	77	14:48	76	42:35	75	18:57	77	1:16:20	8

Short Run Duathlon : 40-49 Female

ID	Name	2 km Run		7.5 km MTB		2 km Run		Overall		Category Place
		Place	Time	Place	Time	Place	Time	Place	Time	
180	Jane Martin	15	08:49	9	22:20	17	10:20	10	41:29	1
84	Andrea Livingston	22	09:05	8	21:58	21	10:42	13	41:45	2
94	Janine Pomeroy	41	10:01	35	25:14	24	11:04	28	46:19	3
152	Julie Varney	46	10:31	30	24:31	48	12:44	34	47:46	4
148	Kate Brockelsby	63	12:11	24	23:50	53	13:16	43	49:17	5
173	Donna Shaw	55	11:29	36=	25:17	47	12:39	46	49:25	6
96	Lyn Smith	54	11:21	42	26:11	57	13:42	50	51:14	7
80	Sally Powell	57	11:38	40	25:59	58	13:48	51	51:25	8
105	Wendy De Maat	61	11:53	38	25:36	63	14:42	53	52:11	9
185	Becks Hide	59	11:42	46	26:23	62	14:12	55	52:17	10
90	Cheryl De Lange	65	12:26	65	30:31	54	13:24	62	56:21	11
100	Amanda James	67	12:41	60=	28:56	66	15:20	64	56:57	12
95	Renee Ferguson	75	14:19	66	32:05	67	16:20	71	1:02:44	13
82	Sharon Petrie	74	13:54	69	33:11	68	16:22	73	1:03:27	14

Short Run Duathlon : 50-59 Male

ID	Name	2 km Run		7.5 km MTB		2 km Run		Overall		Category Place
		Place	Time	Place	Time	Place	Time	Place	Time	
126	Wouter De Maat	4	08:14	2	20:38	2	09:26	1	38:18	1
116	Steve Pauling	3	08:08	4	21:05	3	09:30	3	38:43	2
118	Ian McNabb	18	08:58	50	26:48	16	10:16	26	46:02	3
202	Vince Marley	62	12:03	51	26:50	73	17:59	63	56:52	4

Short Run Duathlon : 50-59 Female

ID	Name	2 km Run		7.5 km MTB		2 km Run		Overall Place	Overall Time	Category Place
		Place	Time	Place	Time	Place	Time			
119	Christine Henderson	48	10:40	39	25:41	46	12:34	41	48:55	1
115	Barb Gibbs	43	10:14	48	26:42	34	12:04	42	49:00	2
121	Wendy Hedwig	52	11:06	41	26:05	38=	12:13	45	49:24	3

Short Run Duathlon : 60 + Female

ID	Name	2 km Run		7.5 km MTB		2 km Run		Overall Place	Overall Time	Category Place
		Place	Time	Place	Time	Place	Time			
145	Marie Lenting	58	11:39	58	28:34	43=	12:30	59	52:43	1

Short Run Duathlon : Team

ID	Name	2 km Run		7.5 km MTB		2 km Run		Overall Place	Overall Time	Category Place
		Place	Time	Place	Time	Place	Time			
143	Weirdos TEAM	12	08:40	15	22:47	5=	09:46	8	41:13	1
159	Team Clark	31	09:41	12	22:39	25	11:05	18	43:25	2
214	O'Blimey's TEAM	49	10:50	33=	24:54	59	13:59	47	49:43	3
186	Laura & Aimee TEAM	39	09:55	64	30:01	43=	12:30	56	52:26	4
217	Stow TEAM	73	13:44	77	48:18	52	13:03	75	1:15:05	5

Walk Duathlon : 20-29 Female

ID	Name	2 km Walk		7.5 km MTB		2 km Walk		Overall		Category Place
		Place	Time	Place	Time	Place	Time	Place	Time	
41	Rebecca Wasley	6	14:06	8	27:24	5	15:34	7	57:04	1

Walk Duathlon : 40-49 Male

ID	Name	2 km Walk		7.5 km MTB		2 km Walk		Overall		Category Place
		Place	Time	Place	Time	Place	Time	Place	Time	
110	Richard Griffin	4	13:36	3	24:02	8	16:19	4	53:57	1

Walk Duathlon : 50-59 Male

ID	Name	2 km Walk		7.5 km MTB		2 km Walk		Overall		Category Place
		Place	Time	Place	Time	Place	Time	Place	Time	
120	Michael Harte	1	11:11	1	20:18	1	12:24	1	43:53	1
170	Ross Mitchell	3	13:20	4	24:21	2	14:23	2	52:04	2
133	Ian Selwood	2	13:19	2	23:16	4	15:32	3	52:07	3
132	Warwick Parkes	5	13:52	7	25:18	3	15:21	5	54:31	4
117	John Wilson	10	16:11	5	24:56	7	15:53	6	57:00	5
131	Don Robertson	7	14:07	9	27:32	6	15:46	8	57:25	6
114	Stephen Neill	8	15:22	6	24:59	9	18:31	9	58:52	7

Walk Duathlon : 60 + Female

ID	Name	2 km Walk		7.5 km MTB		2 km Walk		Overall		Category Place
		Place	Time	Place	Time	Place	Time	Place	Time	
184	Daphne Gilbert	9	15:25	10	32:50	10	18:55	10	1:07:10	1