

Masters Games Duathlon and Nelson Tri Club Spring Series Race Three

Frankie Kersten took off at high speed on the opening 4km run in the combined Masters Games/Nelson Tri Club mountainbike duathlon at Rabbit Island yesterday.

As they reached for their bikes for the 16km cycle section, Kersten had a 20 second lead over Alan Bryson with a tight group of Nigel Burgess, Jon Linyard and Danial (crt) Bremner a further 20 seconds back.

After the first of two laps of the puddle-strewn course, Linyard was back in his usual spot at the front of the field, but Bremner was like a limpet on his tail and he stayed there throughout the next lap too, passing the timing tent a touch ahead as they went to drop their bikes.

It was the best Bremner has done yet over many battles, but Linyard quickly caught him and opened up a 12 second gap over the final 2km run to make it three from three for the spring series.

It was another four minutes before Kersten arrived at the finish line, followed by Burgess then Bryson.

Eloise Fry dominated the women's field, taking the gold medal in the 30+ age group ahead of the very competitive 45+ trio of Andrea Livingston, Maria Voigt and Carolyn Squance.

The short distance club race was a chance for younger competitors to show what they're made of and Anton Possegger began like a man on a mission. Indeed he was, as he held his early lead over Remus Courtenay through the one lap bike course, then increased it in the final run to win by more than a minute.

The fastest bike leg went to Soozie Trice, who was just behind the two teenagers on the opening run. That pedal power was the difference between her and Vicki Collins, who made up ground on the final run but had to settle for second, less than a minute behind.

Graham Postles dominated the walk section, especially once he got on the bike. Susan Albert was strong for second, ahead of Kevin Shea, Margaret Shea and Patricia Black.

Results nelsontriclub.co.nz