

Avantiplus Summer Triathlon Series Race 3  
Rabbit Island, Nelson  
24th January 2010

Summer Tri Race 3

<b>Sprint Triathlon : 14-19 Male</b>										
ID	Name	750m Swim		20km Cycle		5km Run		Overall		Category Place
		Place	Time	Place	Time	Place	Time	Place	Time	
30	Jono Lee	1	11:43	1	32:45	1	19:17	1	1:03:45	1
33	Joel Macmanus	14	17:26	5	37:30	7	22:49	10	1:17:45	2

<b>Sprint Triathlon : 14-19 Female</b>										
ID	Name	750m Swim		20km Cycle		5km Run		Overall		Category Place
		Place	Time	Place	Time	Place	Time	Place	Time	
53	Josie Wilcox	9	15:54	9	38:17	3	20:33	5	1:14:44	1

<b>Sprint Triathlon : 20-29 Male</b>										
ID	Name	750m Swim		20km Cycle		5km Run		Overall		Category Place
		Place	Time	Place	Time	Place	Time	Place	Time	
6	Nigel Burgess	11	16:16	2	34:15	2	19:32	2	1:10:03	1
37	Louis Olsen	4	14:02	8	37:57	6	22:40	4	1:14:39	2
56	Dan Padial	2	13:25	6	37:31	13	25:43	8	1:16:39	3

<b>Sprint Triathlon : 20-29 Female</b>										
ID	Name	750m Swim		20km Cycle		5km Run		Overall		Category Place
		Place	Time	Place	Time	Place	Time	Place	Time	
2	Julie Beeden	17	17:48	14	41:13	21	27:49	17	1:26:50	1
17	Holly Drummond	15	17:36	25	47:51	26	34:47	25	1:40:14	2

### Sprint Triathlon : 30-39 Male

ID	Name	750m Swim		20km Cycle		5km Run		Overall		Category
		Place	Time	Place	Time	Place	Time	Place	Time	
3	Martin Bennett	6	14:56	7	37:38	11	24:50	9	1:17:24	1

### Sprint Triathlon : 30-39 Female

ID	Name	750m Swim		20km Cycle		5km Run		Overall		Category
		Place	Time	Place	Time	Place	Time	Place	Time	
20	Alexandra Geldrez	13	16:30	26	49:04	22	28:21	21	1:33:55	1
28	Gill Lawrence	25	21:19	21	45:37	20	27:42	22	1:34:38	2

### Sprint Triathlon : 40-49 Male

ID	Name	750m Swim		20km Cycle		5km Run		Overall		Category
		Place	Time	Place	Time	Place	Time	Place	Time	
14	Matthew Cody	7	15:12	4	36:52	8	23:20	6	1:15:24	1
38	Lionel Padiál	3	13:46	10	38:37	9	23:50	7	1:16:13	2
48	Mark Steel	20	18:19	13	39:18	10	24:03	11	1:21:40	3

### Sprint Triathlon : 40-49 Female

ID	Name	750m Swim		20km Cycle		5km Run		Overall		Category
		Place	Time	Place	Time	Place	Time	Place	Time	
23	Robin Harrington	16	17:43	16	42:22	14	25:50	16	1:25:55	1
39	Sue Petrie	24	19:38	15	41:18	18	27:27	18	1:28:23	2
45	Carolyn Squance	26	21:22	19	43:54	16	26:45	20	1:32:01	3
55	Amanda Young	23	19:20	23	47:19	25	33:56	26	1:40:35	4

### Sprint Triathlon : 50-59 Male

ID	Name	750m Swim		20km Cycle		5km Run		Overall		Category
		Place	Time	Place	Time	Place	Time	Place	Time	
43	Bill Revell	8	15:24	3	36:38	5	22:16	3	1:14:18	1
49	Paul Thornton	10	15:57	20	45:16	4	21:09	13	1:22:22	2
1	Malcolm Anderson	5	14:26	17	43:07	15	26:02	15	1:23:35	3

**Sprint Triathlon : 50-59 Female**

ID	Name	750m Swim		20km Cycle		5km Run		Overall		Category
		Place	Time	Place	Time	Place	Time	Place	Time	
36	Karen Nancarrow	22	18:54	24	47:24	23	31:22	23	1:37:40	1

**Sprint Triathlon : 60+ Male**

ID	Name	750m Swim		20km Cycle		5km Run		Overall		Category
		Place	Time	Place	Time	Place	Time	Place	Time	
54	Colin Wragg	21	18:38	11	38:44	12	24:54	12	1:22:16	1
22	Peter Gibbs	12	16:21	12	39:12	17	26:55	14	1:22:28	2
12	Max Clark	18	18:07	22	47:05	24	32:57	24	1:38:09	3

**Sprint Triathlon : Team**

ID	Name	750m Swim		20km Cycle		5km Run		Overall		Category
		Place	Time	Place	Time	Place	Time	Place	Time	
13	Clark/MacArthur	19	18:09	18	43:14	19	27:29	19	1:28:52	1

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<b>Short Triathlon (run) : U14 Male</b>										
ID	Name	250m Swim		8km Cycle		2.5km Run		Overall		Category
		Place	Time	Place	Time	Place	Time	Place	Time	
46	Hayden Squance	2	06:32	4	18:44	4	13:11	2	38:27	1

<b>Short Triathlon (run) : U14 Female</b>										
ID	Name	250m Swim		8km Cycle		2.5km Run		Overall		Category
		Place	Time	Place	Time	Place	Time	Place	Time	
42	Sara Reidie	8	08:51	5	19:11	7	14:58	7	43:00	1
40	Alesha Pyers	5	07:38	11	26:27	8	16:46	10	50:51	2

<b>Short Triathlon (run) : 14-19 Male</b>										
ID	Name	250m Swim		8km Cycle		2.5km Run		Overall		Category
		Place	Time	Place	Time	Place	Time	Place	Time	
50	Jack Thornton	1	05:44	1	17:52	3	12:04	1	35:40	1

<b>Short Triathlon (run) : 20-29 Female</b>										
ID	Name	250m Swim		8km Cycle		2.5km Run		Overall		Category
		Place	Time	Place	Time	Place	Time	Place	Time	
11	Lindsey Chamberlain	9	09:01	3	18:04	2	11:57	3	39:02	1
25	Amy Hickling	4	07:26	8	20:22	9	18:10	8	45:58	2

<b>Short Triathlon (run) : 40-49 Male</b>										
ID	Name	250m Swim		8km Cycle		2.5km Run		Overall		Category
		Place	Time	Place	Time	Place	Time	Place	Time	
29	Kevin Lee	6	08:21	6	19:22	5	13:28	5	41:11	1
47	Charlie Squance	11	09:59	7	19:54	1	11:38	6	41:31	2

**Short Triathlon (run) : 40-49 Female**

ID	Name	250m Swim		8km Cycle		2.5km Run		Overall		Category
		Place	Time	Place	Time	Place	Time	Place	Time	
31	Andrea Livingston	3	07:18	2	17:55	6	14:57	4	40:10	1

**Short Triathlon (run) : 50-59 Female**

ID	Name	250m Swim		8km Cycle		2.5km Run		Overall		Category
		Place	Time	Place	Time	Place	Time	Place	Time	
26	Debbie Hickling	7	08:36	9	21:52	11	20:07	9	50:35	1
15	Cheryl De Lange	10	09:49	10	23:44	10	19:38	11	53:11	2

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<b>Sprint Duathlon : 30-39 Male</b>										
ID	Name	2.5km run		20km bike		5km run		Overall		Category
		Place	Time	Place	Time	Place	Time	Place	Time	
5	Danial Bremner	1	11:10	1	33:15	1	20:55	1	1:05:20	1

<b>Sprint Duathlon : 40-49 Male</b>										
ID	Name	2.5km run		20km bike		5km run		Overall		Category
		Place	Time	Place	Time	Place	Time	Place	Time	
51	Don Wardle	2	13:10	2	39:18	2	23:48	2	1:16:16	1
8	Robert Cant	6	17:10	5	43:37	6	32:22	5	1:33:09	2
16	Alan Donovan	3	13:43	6	55:00	5	29:19	6	1:38:02	3

<b>Sprint Duathlon : 50-59 Male</b>										
ID	Name	2.5km run		20km bike		5km run		Overall		Category
		Place	Time	Place	Time	Place	Time	Place	Time	
34	Ian McNabb	4	14:30	3	42:29	3	26:13	3	1:23:12	1
4	Norbert Borowsky	5	15:09	4	42:40	4	27:37	4	1:25:26	2

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<b>Short Duathlon (run) : U-14 Male</b>										
ID	Name	1.3km run		8km bike		2.5km run		Overall		Category Place
		Place	Time	Place	Time	Place	Time	Place	Time	
32	Ben Macmanus	3	10:16	4	22:25	3	17:37	4	50:18	1

<b>Short Duathlon (run) : U-14 Female</b>										
ID	Name	1.3km run		8km bike		2.5km run		Overall		Category Place
		Place	Time	Place	Time	Place	Time	Place	Time	
10	Nicole Cant	1	09:20	3	21:20	1	17:03	3	47:43	1

<b>Short Duathlon (run) : 14-19 Female</b>										
ID	Name	1.3km run		8km bike		2.5km run		Overall		Category Place
		Place	Time	Place	Time	Place	Time	Place	Time	
9	Maryann Cant	2	09:21	2	20:52	2	17:28	2	47:41	1

<b>Short Duathlon (run) : 50-59 Female</b>										
ID	Name	1.3km run		8km bike		2.5km run		Overall		Category Place
		Place	Time	Place	Time	Place	Time	Place	Time	
44	Maxine Roberts	4	11:12	5	22:44	5	22:04	5	56:00	1

<b>Short Duathlon (run) : Team</b>										
ID	Name	1.3km run		8km bike		2.5km run		Overall		Category Place
		Place	Time	Place	Time	Place	Time	Place	Time	
27	Brendon Hughes	5	11:45	1	16:51	4	18:59	1	47:35	1

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<b>Short Duathlon (walk) : 50-59 Female</b>										
ID	Name	1.3 walk		8km bike		2.5km walk		Overall		Category
		Place	Time	Place	Time	Place	Time	Place	Time	
35	Heather McNabb	1	12:19	1	23:29	1	20:03	1	55:51	1

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